

Table 1: Risk factors for SIDS in crib/cot (n/%)

A number of factors can increase a baby's risk of Sudden Infant Death Syndrome (SIDS) when they sleep in a cot. What are these?	Pre-test	Post-test	P value*
Baby sleeping on its front	140 (82)	84 (88)	0.19
Being in a separate room from parents	53 (31)	66 (69)	0.00
Having a pillow or soft toy in the cot	139 (82)	85 (89)	0.10
Having a mother who smoked during pregnancy	117 (69)	78 (82)	0.02
Being cared for by someone who smokes	122 (72)	73 (77)	0.37
Baby has not ever been breastfed	16 (9)	17 (18)	0.05
Sleeping with a dummy	15 (9)	13 (14)	0.22
Overwrapping (excess clothing or bedding)	151 (89)	82 (86)	0.55
*p Value from χ^2 / Fisher's exact test			

Table 2: Factors associated with bedsharing-related SIDS/SUDI (n/%)

A number of factors could make bed-sharing particularly dangerous for babies, in terms of an increased risk of SIDS. What are these?	Pre-test	Post-test	P value*
Parent(s) smoking, even if not in the same room as baby	127 (85)	78 (84)	0.29
Having a mother who smoked during pregnancy	112 (69)	79 (85)	0.01
Consumption of alcohol by parent(s)	49 (30)	53 (57)	0.00
Consumption of medication or drugs which make parent(s) sleepy	43 (27)	40 (43)	0.01
Parent(s) excessively tired e.g. Less than 4 hours sleep in last 24 hours	29 (18)	29 (31)	0.02
Baby born early (less than 37 weeks)	73 (45)	56 (60)	0.02
Baby born small (less than 5 1/2 lb or 2.5 kg)	69 (43)	48 (52)	0.16
Mum has not ever breastfed	21 (13)	28 (30)	0.00
Sleeping with baby on a sofa or in an armchair	54 (33)	42 (45)	0.06
A number of factors could make bed-sharing particularly dangerous for babies, in terms of an increased risk of accidental death. What are these?	Pre-test	Post-test	P value*
Parent(s) smoking, even if not in the same room as baby	37 (23)	34 (36)	0.02
Having a mother who smoked during pregnancy	23 (14)	28 (29)	0.00
Consumption of alcohol by parent(s)	107 (66)	68 (72)	0.30
Consumption of medication or drugs which make parent(s) sleepy	107 (66)	72 (77)	0.08
Parent(s) excessively tired e.g. Less than 4 hours sleep in last 24 hours	104 (64)	59 (63)	0.82
Baby born early (less than 37 weeks)	22 (14)	19 (20)	0.16
Baby born small (less than 5 1/2 lb or 2.5 kg)	23 (14)	15 (16)	0.70
Mum has not ever breastfed	8 (5)	11 (12)	0.05
Sleeping with baby on a sofa or in an armchair	114 (70)	75 (80)	0.10
Using sheets and blankets for bedding	46 (28)	31 (33)	0.41
*p Value from χ^2 / Fisher's exact test			

Table 3: Safety of alternate sleep locations (n/%)

Please rate the safety of these places for a newborn baby to sleep. (1=least safe; 5=most safe**)	Pre-test 'Safe'	Post-test 'Safe'	P value*
In a crib or cot in the parents' room	169 (98)	90 (97)	0.47
In a room on their own	33 (21)	8 (10)	0.03
On a sofa or chair with a parent who is asleep	1 (1)	1 (1)	0.58
In bed with parent(s)	9 (6)	5 (6)	0.56
In a room with a sibling/other child	16 (10)	4 (5)	0.16
On an adult bed alone	3 (2)	2 (2)	0.56
**responses 1-3 recoded into 'Not safe'; 4-5 into 'Safe'			
Where do you think it is OK for a newborn baby to sleep. (Always OK, If safety guidance is followed, Never OK**)	Pre-test 'OK'	Post-test 'OK'	P value*
In a crib or cot in the parents' room	171 (100)	95 (99)	0.36
In a room on their own	135 (81)	51 (57)	0.00
On a sofa or chair with a parent who is asleep	11 (7)	3 (3)	0.20
In bed with parent(s)	42 (25)	48 (53)	0.00
In a room with a sibling/other child	104 (63)	31 (35)	0.00
On an adult bed alone	16 (10)	4 (4)	0.14
*p Value from χ^2 / Fisher's exact test			
**'Always OK' and 'If safety guidance is followed' responses recoded into 'OK'; 'Never OK' recoded into 'Not OK'			

Table 4: Knowledge of bed-sharing benefits (n/%)

Do you think there are any benefits or good reasons why a baby might sleep in bed with its mother or parents?	Pre-test 'agree'	Post-test 'agree'	P value*
There are no benefits	88 (51)	40 (41)	0.11
Breastfeeding is easier	54 (32)	52 (54)	0.00
Mum sleeps better	20 (12)	17 (18)	0.18
Baby settles and/or sleeps better	45 (26)	27 (28)	0.79
Reassuring for mum and/or baby if baby is unwell, teething etc	39 (23)	34 (35)	0.03
Allows mum and/or dad and baby to bond	31 (18)	22 (23)	0.37
Mum continues breastfeeding for longer	26 (15)	27 (28)	0.01
*p Value from χ^2 / Fisher's exact test			

Table 5: Bed-sharing prevalence (n/%)

Approximately what % of all UK babies do you think have slept in bed (bed-shared) with their parent(s) by the time they are 3 months old?*	Pre-test 'Accurate estimate'	Post-test 'Accurate estimate'	P value*
*p Value from χ^2 test **Responses recoded so estimates of 50% plus = 'accurate estimate'	99 (59)	69 (78)	0.02

Table 6: Bed-sharing intentionality (n/%)

Do you think parents sleep with their babies accidentally, deliberately or both?	Pre-test 'accident'	Pre-test 'deliberate'	Pre-test 'both'	P value*
	34 (20)	7 (4)	128 (76)	
	Post-test 'accident'	Post-test 'deliberate'	Post-test 'both'	
	8 (9)	2 (2)	84 (89)	
*p Value from χ^2 test				0.03